

Spring 2011!

Visit us on Facebook. Follow us on Twitter
All details are on our website! Register on-line!
<http://www.mountlivetownship.com/recreation.html>

Grades 6-12

To subscribe to our Bi-Weekly E-Newsletter, email recdept@mtolivetwp.org
Online registration with Mastercard or Discover only. If you would like to pay by check/cash
please contact the Recreation Dept. 973-691-0900 x 7264 or 7261

Learn to Skate @ Skorplex Ice and Turf March 5- April 2 (register online Winter 2011)

We promote skating for wellness for the whole family.
Classes are offered for Tots through Adults ages 4 - Adult ** 4 week program on Saturdays
10:45am -11:15am for children with little or no experience
11:15am -11:45am (some or intermediate experience)
Cost: \$101 without skate rentals, \$111 with skate rentals
Location:300 Stiger Street, Hackettstown, NJ 07840



Chef It Up 2 Go!

7-9pm @ Mt. Olive Middle School
Home Economics Classroom (access from the Gym Lobby)
Apr. 15 \$32

4/15 "Spring Fling" This class is for Teens and Adults. We will focus on edible centerpieces (from fruits, to chocolates they will be gorgeous and delicious) you will take home a scrumptious edible arrangement. **Ages 13 & Up**

Gymnastics Classes

*Held at CS Gymnastics
Details are on our website!*

[Boys will be Boys](#)
[Fitastics for Special needs](#)
[Girl Power](#)
[Motion Evolution](#)
[Motion Evolution Fit Camp](#)

Photography Club – On the Wild Side!



Cost:\$20 Grades 6-8
Location: Middle School Faculty Dining Room.
After school program
Dates and times coming soon
We are **Focusing** on Wildlife and Stop Action Shots!
Students will learn the basic fundamentals of camera operation through classroom lesson and on hand use.
Use of digital and film cameras will be put into practice.
Students should bring in their own camera.

World Cup Soccer Camp April 19-21, 2011 Spring Break

Location: Tinc Rd School 9am-12:30pm Ages 5-12 Cost:\$100
For more info call US Sport Institute (732-563-2520) or Visit our website at
www.ussportsinstitute.com for registration forms



Girl Scout Cadette Workshops



Girl Scouts
Where Girls Grow Strong

Leaders, can you use a break? Have us conduct one of your troop meetings and receive a Badge. We outline and conduct the meeting on how you can achieve the 2, 4 and 6 requirements. By the end of the workshop your troop will go home with their patch/badge (that the leaders supply). For more information about this program or to set up a date please call Recreation: 973-691-0900 x 7261

Victor's Mixed Martial Arts Introductory Special! 2 weeks (4 classes) for just \$19
Taught at VMMA Academy 1 Old Wolfe Rd, Budd Lake, NJ 07828
Classes will improve students' confidence, discipline, self defense, concentration and physical condition.

1 Introductory offer per participant

Session begins the week of March 7 [Online registration](#) Winter 2011

Session begins April 4

Session begins May 2

Session begins June 6

[Online registration](#) Spring 2011 Choose 2 of the 3 days of the week that the classes are offered

Mixed Martial Arts: Mon 6pm , Wed 6pm, Sat 10am

Ladies Only Kick Boxing Ages 15+: Tues. 7pm, Thurs. 7pm, Sat. 9am



Pony Grooming & Riding Program (PGRP) August 8-12

Flanders Park soccer parking Lot

5pm-6:30pm Cost:\$222 ages 7 to 13

This unique 5-day Program provides an exciting and inexpensive hands-on introduction to the wonderful world of equines in a fun-filled, non-threatening atmosphere. Pony Share uses camp-trained ponies and cobs, smaller and easier to handle than their larger equine counterparts. Small groups of 4-5 children are formed according to age and prior experience – If any.

MOBA

Summer Basketball League

Current 4th thru 8th grades

Cost \$65.00 per child

Deadline May 27th

All games are outside at Flanders Park in the evening – Mon. through Thurs.

nights , 6pm-9pm

Online registration/Basketball

Tennis Cure – With Tennis Pro Bob Rispoli (USTA certified)

Saturdays @ Turkey Brook Park Courts

Classes limited to 7 students. Program includes games, drills, videotape and more. Bring your racquet, or if you need one, there are a few that can be borrowed or purchased. Tennis balls supplied.

Class schedule:

Grades 6th-8th Fee: \$122

May 28, June 4, 11 @ 10am-11:20am and June 18, 25 @ 10am-12pm

Online Registration Tennis 2011



Dance Crew

For Ages 10 and up Boys & Girls

6pm - 6:45pm Cost:\$55 6 weeks

April 25-June 6 (no class May 30)

Bring your high energy dance moves to this class!

Hip Hop , jazz and more all combined in one great class.

Instructor: Miss Aly

Location: Mt Olive Municipal Building, Council Chambers



Skate Board Lessons Cost:\$150 Grades:4-12

Saturdays, April 30, May 7,14, 21, June 4,11(no class May 28)

Times: 11am or 12pm

30 minute Lesson, access to Skate Park unlimited that day. Own equipment needed. Helmet Mandatory .

(Helmet rentals \$5) Class size limited. Whether you're a beginner, just learning how to ollie, or an established skater looking to get sponsored, Small Empire is the place to be! We have the best instructors and a skate park with different obstacles. There's no better place to learn how to carve a bowl corner, shred a street course, and learn every trick in the book!

Location: Small Empire Skate park, 178 RT. 206 North, Flanders N.J. 07836 973.668.5307

Zumba Fitness

Merengue, Hip Hop, Salsa, Flamenco and Cumbia choreography is broken down into an easy to follow routine. This 90 min class starts with 10 min of arm sculpting, 5 min warm up, 55 min Zumba cardio fitness, 15 min intense abs then ends with a 5 min cool stretch cool down. In a very down to earth and friendly atmosphere, this fun yet always challenging class will help achieve your fitness goals.

Held at Drakes Brook Park 155 Flanders-Netcong Road Flanders

Tuesdays & Fridays 7-8pm, Sundays 8:30am-9:30am

Spring 2011

Pay Monthly, pick the option that works for you

1 day a week (your choice of day) \$30, 4 classes

2 days a week (your choice of days) \$58, 8 classes

3 days a week \$ 63, 12 classes

Ages 15 & up



2011 Mt. Olive FOP/PAL Baseball Camp @ Turkey Brook Park

Monday, July 11th – Thursday, July 14th
(Rain day Friday, July 15th)

9:00 am to 12:15 PM Ages 7-12

Cost: \$100.00 total

(includes T-shirt and drinks)

Hosted by The Mt. Olive Fraternal Order of Police and Police Athletic League.

More details on our website



Island Dance Fitness

Mon. 6:45pm-7:30pm Cost:\$55

April 25-June 6 (no class May 30)

Ages 16 yrs - Adult

Hula and Tahitian Dance are graceful Hawaiian traditions that combine hip movements, footwork, and hand motions to speed up your metabolism and target tone your entire body.

Location: Mt Olive Municipal Building Council Chambers



Exercise Classes with Laura

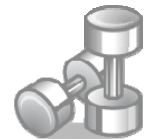
Six different classes to mix up your fitness routine! Ages 16+

Monthly Cost \$45 unlimited classes

Special ***April/May/June ** Unlimited classes! Cost :\$120

Per Class fee is \$10

Any questions call Laura at (973) 347- 6886, (973) 903-0453



Monday 6:00 – 7:30pm “Step & Sculpt”- a step class for all levels. The first 30 minutes is beginner step, the second 30 minutes is lower and upper body weight training with 10 minutes focused on the abs, the last 30 minutes is a more advanced step class.

Tuesday 7:00- 8:00pm “Cardio Blast” - it is all in this interval training class. Cardio segments of 3.5 minutes are followed by 1.5 minutes of weight training. Weights, dyna-bands and physio ball are used.

Wednesday 7:00 – 8:00pm “Pilates” - a core conditioning class that includes targeted exercises for butt, gut & thighs. Also lots of great stretches for the entire body.

Thursday 7:00 – 8:00pm “Buts & Guts ” –25 minutes of concentrated lower body standing toning exercises followed by 25 minutes of Pilates focused on abdominal strength.

Saturday 9:00 – 10:00am “Total Tone” - a strength training class designed to firm both upper & lower body. Includes low impact aerobics with dyna-bands.

Sunday 8:45 – 9:45am “15/15/15” – 15 minutes of Step, 15 minutes of aerobics, 15 minutes of toning and abs at the end

**USCG Boating Safety Course Cost \$65 May 9 & 10
6-10pm in the Municipal Cafeteria**



US Coast Guard Auxiliary will teach a Boating Safety course for all Boaters 13 years or older who intend to operate a PWC, power boat or ride in one. Register online certifications

Mt. Olive Recreation is offering the 2011 American Red Cross course **Waterfront Lifeguarding** this spring: 40 hour certification course. Classes will be held at Budd Lake Municipal Beach.

Students must attend all classes. Ages 15+

Class Schedule: (Updated Class schedule and syllabus will be emailed to class participants prior to 1st class. Inclement weather may affect class schedule.)

T 5/24, TH 5/26, T 5/31, W 6/1: 5-9:30pm Municipal Building Cafeteria
TH 6/2: 5-7:30pm Budd Lake Municipal Beach Prerequisite swim skills test
Sat. 6/4, Sun. 6/5: 1-6pm Budd Lake Municipal Beach
Mon. 6/6, Tues. 6/7, Wed. 6/8: 5-7:30pm Budd Lake Municipal Beach
Rain make-ups TH 6/9 W 6/10 5pm -7:30pm Budd Lake Municipal Beach



Cost: New student - \$235 Registration deadline, May 1, 2011.

Call Jill at the Mt. Olive Recreation Dept. (973) 691-0900 x 7261 for more information. Register online certifications

SAT Math Review for Juniors and Seniors

8pm - 8:45pm MOHS 6 Tuesdays \$75.00 Starts April 26-May 31

Want to learn some more strategies when taking the SAT math sections. Need some more guidance and practice? This is a great class to enhance those skills needed to bring up your Math SAT score.

Silent Auction! Hosted by the Recreation Advisory Committee!

Friday, May 13th 6pm at Sandshore School Cafeteria

We need your help! Volunteers, Prizes, and participants needed! Families can contribute by:

Send a check in any amount made payable to Mt. Olive Recreation, in order to purchase the larger ticket items that may not be donated such as a TV, video games, stereo, etc. or donate a basket or an item for the event. A donation can be any size, such as such as a gift certificate to your favorite restaurant, movie tickets, theatre tickets, toys, beauty aids or a boat ride.

Please contact Mary Gallagher at 973-448-7046 or Jill Daggan at the Recreation Department at 973-691-0900 x 7261.

Trips 2011(Children must be accompanied by an Adult)

APRIL 8, 2011 CULINARY INSTITUTE OF AMERICA, Cost: \$94

Leave Rockaway Mall Lot #36 departure 7:25am *Return Rockaway Mall Lot #36: 5:00PM

Spring Break Trip!!!! Bronx Zoo Trip! \$40 Wed. April 20 (no rain date) Includes the "Total Experience" ticket.

Bring a lunch or purchase on site. Bus Leaves Wal-Mart parking lot 9am, returns by 7pm. Children must be accompanied by an adult

Yankee Games \$42 per ticket May 10th Yankees vs. Royals and Sept. 20th Yankees vs. Rays

More trips coming !! For more details http://www.mountolivetownship.com/rec_trips.html



MOPD Fishing Derby coming in April. Check our website for updates

School Events** For more details****http://www.mountolivetownship.com/rec_schools.htm

Middle School : MOPTA TRICKY TRAY, Saturday, March 5th, 2011. Free Tickets available

Sandshore School : SHSP's Annual Tricky Tray, Saturday, April 9th.



REC & ROLL CAMP 2011

FULL DAY CAMP PROGRAM! 9am -3pm
Kids Entering Gr. 1-6 @ Chester M. Stephens School
Before Care: 7:30am-9am Aftercare: 3pm-5:30pm

(Children grouped by grades 1-3 & 4-6) June 27 – August 5 ** Six sessions

Weeks 1 & 2 are 4 day weeks; Weeks 3-6 are 5 day weeks **T-shirts for trips included in camp cost**

Early Bird Discount available until April 18 for Rec & Roll

\$20 discount per week per child

\$5 discount per week per child on Before Care/After Care

Before care: \$30 per week per child After care: \$30 per week per child

Week 1 6/27-6/30(4 day wk)	Buggin' Out	Cost:\$159	Trip: Bowling
Week 2 7/5-7/8(4 day wk)	Star Search	Cost:\$159	Trip: Movies
Week 3 7/11-7/15	Celebrate!	Cost:\$159	Trip: Chuck E Cheese
Week 4 7/18-7/22	Creature Feature	Cost:\$159	Trip: Gr. 1-3 Highview Farm, Gr. 4-6 4H Fair
Week 5 7/25-7/30	Super Soakin'	Cost:\$159	Trip: Gr. 1-3 Randolph Lake Gr. 4-6 Lewis Morris Park
Week 6 8/1-8/5	Movin' & Groovin'	Cost:\$159	Trip: TBA

Recreation has the right to change trips without notice

Late fee \$5 per child per week after June 10 Additional weeks added after camp starts will include \$5 late fee. Non Residents add \$10 Payment Plans available contact Recreation Dept.

Fun & Fit Camp

Grades 4 - 7

Don't miss out on all the fun! You will participate in outdoor activities, fun games, crafts & challenges based on reality TV shows. If you enjoyed last year you will enjoy this year even more. A weekly one-hour trip to CS Gymnastic for cardio circuit fun is also in the mix. Must have a minimum of 12 children to implement this camp.

Save money ***Two-week Price: \$299.00 One week Price: \$175.00

Session 1 : July 5 - 8, 2011 from 9:00 am - 3:00 pm.

Session 2 : July 11 -15, 2011 from 9:00 am - 3:00 pm.

Place: Turkey Brook Park Tuesdays at Drakes Brook Park

(Bring a healthy lunch, water bottle and a beach towel)



Adventure Trip Camp! Cost:\$200.00 August 8 – 11, For 5th – 8th Graders Four all Day Trips!
Fun Plex, Liberty Science Center, Palisades Center, Ripley's Believe It or Not and lunch at Planet Hollywood.
Surprise stops along the way, weather & time permitting! Early Bird Registration (by 4/18) discount \$25 per child per week

For more info call US Sport Institute (732-563-2520) , www.ussportsinstitute.com for registration forms

July 11-15 @ Tinc Rd School

World Cup Soccer

Ages 5-12
9am-12:30pm
Cost:\$179

Goal Scoring

Ages 5-14
1pm-4pm
Cost:\$139

World Cup Soccer &Goal Scoring

Ages 6-14
9am-4pm
Cost:\$209



Sign up early for discounts!

August 22-26, 2011 @ Chester M Stephens

World Cup Soccer

Ages 5-12
9am-12:30pm
Cost: \$179

World Cup Soccer &Goal Scoring

Ages 6-14
9am-4pm
Cost: \$209

Travel Academy Soccer

Ages 8-14
9am-12:30pm
Cost: \$179

Goal Scoring

Ages 5-14
1pm-4pm
Cost: \$139

Travel Academy Soccer &Goal Scoring

Ages 6-14
9am-4pm
Cost: \$209