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Sent: Wednesday, January 11, 2017 9:16 AM
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Region II

Individual and Community Preparedness Bulletin

January 11, 2017
MLK DAY of Service – January 16, 2017

Rev. Dr. Martin Luther King, Jr. devoted his life to equality, social justice, economic advancement, and opportunity for all.

By making service part of our daily lives, we can help realize Dr. King’s dream. Together, we can create and sustain opportunities for Americans to help communities prepare for and recover from disasters.

For more information or to find a volunteer opportunity, go to MLKDay.gov.

Region II Individual Community Preparedness - Then and Now

Region II Youth Preparedness Council Member Aahna Ghosh facilitated a service night at her school in Parsippany, New Jersey where she and her fellow students voluntarily assembled emergency kits for the classrooms in their school.
Continuity of Operations for School Administrators  Bergen County Police Academy

Experts in continuity planning from FEMA, county Office of Emergency Management (OEM) staff, and NJ State Police OEM, delivered a thorough and comprehensive working session for school administrators to begin the development of COOP plans for NJ schools. Additional workshops are being scheduled throughout NJ this year.

Rae Davis/FEMA National Continuity Programs

**This Week:**

January 10, 2017 – Managing the Psychosocial Consequences of Conventional and Unconventional Terrorism.
Incidents of mass violence involving shooting, bombing and kidnapping (conventional terrorism), as well as the use of more exotic hazards such as chemical, biological and radiological agents (unconventional terrorism) produce unique and complex psycho-social reactions in individuals and communities. This awareness-level webinar explores the types and nature of acts of mass violence involving both conventional and unconventional means, as well as the emotional and behavioral reactions to these incidents. Attention is given to the demands on leaders and planners, as well as crisis responders and others who mobilized to assist. Both long- and short-term effects are explored, as well as models and methods of support and intervention.

**Speaker:** Steven M. Crimando, MA, BCETS, CHS-V, is the Director of Training for the Disaster & Terrorism Branch in the New Jersey Department of Human Services-Division of Mental Health & Addiction Services. He is an internationally-recognized expert in the prevention, response and recovery from acts of mass violence who has developed crisis response programs for government agencies and NGOs, hospital and healthcare systems, and multinational corporations

**Registration Link:** [https://fema.connectsolutions.com/r2specialjan2017/event/registration.html](https://fema.connectsolutions.com/r2specialjan2017/event/registration.html)

**January 11, 2017 – Preparing for Winter Weather**

It’s that time of year again where we all have to make the necessary preparations to deal with snow, frigid temperatures, and ice. The National Weather Service will provide us with valuable tips on how to better prepare your home, business, or loved ones for the coming winter.

**Speaker:** Gary Conte is the voice of several weather updates from the National Weather Service office in Upton, NY.

**Registration Link:** [https://fema.connectsolutions.com/r2jan2017/event/registration.html](https://fema.connectsolutions.com/r2jan2017/event/registration.html)

**FEMA Bulletin:**

**Bring a Community Emergency Response Team (CERT) to Your Campus**

Website: [https://www.fema.gov/media-library-data/1470339607110-e31f7c7086431f7f8fba48bf6f3dd9fe/Campus_CERT_Sarter_Guide_Final.pdf](https://www.fema.gov/media-library-data/1470339607110-e31f7c7086431f7f8fba48bf6f3dd9fe/Campus_CERT_Sarter_Guide_Final.pdf)

**Audience:** Young adults and older

**Topics:** Disaster psychology, Fire safety, General preparedness, Medical, Personal safety, Recovery, Search and rescue, Volunteerism/Community service

**Description:** This guide is designed to assist those interested in starting a Campus CERT program and covers how to build support, develop the program, and provide training.

**Free Application for Federal Student Aid (FAFSA®)**

If your child will be in college between July 1, 2017 and June 30, 2018, it’s time to apply for financial aid. Start by filling out the Free Application for Federal Student Aid (FAFSA®). Several states and schools have “first-come, first-served” financial aid programs that can run out of money quickly. Don’t miss out on financial aid—submit the FAFSA as soon as possible!
Your child should use his or her FSA ID to start the FAFSA. This will speed up the process and help you avoid common mistakes. If your child is a dependent student, you, the parent, will also need an FSA ID to sign your child’s FAFSA online.

Two Major Changes to the 2017–18 FAFSA:

- **The FAFSA launched on October 1, three months earlier than in previous years.** Complete the FAFSA as soon as possible to maximize financial aid.
- **The FAFSA now requires earlier (2015) tax information.** This makes it easier to complete the FAFSA! Since you have already filed your 2015 taxes, you can electronically import your tax information directly into the FAFSA. This is fast, accurate, and reduces the amount of paperwork that may be required by your child’s school.

For more information on the FAFSA changes, go to StudentAid.gov/FAFSA-changes. To start the FAFSA, go to FAFSA.gov.

Winter is here, and, for some, it has already arrived. Are you part of the 40%* of families that have already developed a household emergency plan? If not, get ahead of the winter weather and make your plan now. Click here to learn how to create your emergency plans.

**Cold Weather Pet**

If it’s too cold for you, it’s probably too cold for your pet, so keep your animals inside. If left outdoors, pets can be susceptible to frostbite, hypothermia, become disoriented, or lost. Don’t leave pets alone in a car during cold weather, either. Cars can act as refrigerators that hold in the cold and cause animals to freeze to death.

To help prevent cold weather dangers from affecting your pet’s health, follow this advice from the American Society for the Prevention of Cruelty to Animals (ASPCA):

- Never shave your dog down to the skin in winter, as a longer coat will provide more warmth. If your dog is short-haired, consider getting him a coat, sweater with a high collar, or turtleneck with coverage from the base of the tail to the belly.
- Winter walks can become downright dangerous if chemicals from ice-melting agents are licked off of
bare paws. Bring a towel on long walks to clean off stinging, irritated paws. After each walk, wash and dry your pet’s feet and stomach to remove ice, salt, and chemicals—and check for cracks in paw pads or redness between the toes.

- Massaging petroleum jelly or other paw protectants into paw pads before going outside can help protect from salt and chemical agents. Booties provide even more coverage.
- Make sure your pet has a warm place to sleep, off the floor and away from all drafts. A cozy pet bed with a warm blanket or pillow is perfect

For more information, visit the ASPCA’s Cold Weather Safety Tips page, the Humane Society or Best Friends Animal Society, and find Cold Weather Guidelines for Large Animals and Livestock on Ready.gov.

Winter Safety for Senior Citizens

Did you ever hear a parent tell a child to put on a coat before they catch a cold? That’s because j
being really cold can make you very sick, and it’s not limited to kids.
The National Institute on Aging (NIA) says older adults can lose body heat fast—faster than whe
they were young. A big chill can turn into a dangerous problem before an
older person even knows what’s happening. NIA has a brochure, Stay Safe in Cold Weather! wit
tips on how to stay warm when it’s cold.

Here are a few of the tips they recommend:

- Set your heat at 68 degrees or higher.
- Dress warmly on cold days even if you are staying in the house.
- Wear loose layers when you go outside on chilly days. Wear a hat, scarf, and gloves.
- Don’t stay out in the cold and wind for a long time.
- Talk to your doctor about health problems that may make it harder for you to keep warm.
- Find safe ways to stay active even when it’s cold outside.
- Ask a neighbor or friend to check on you if you live alone.
- If you think someone has hypothermia, call 911 right away. Cover him or her with a blanket. Don’t rub his or her legs or arms.

For more tips including keeping warm inside and how to talk with your doctor about staying safe in cold weather check out the Stay Safe in Cold Weather Booklet from NIA.

Important Deadlines:

Active Shooter

Remember, the deadline for documenting CPEs toward recertification of ASIS credentials is January 30, 2017, and each Security Management webinar is worth one CPE credit here

Jan. 25 | 2PM EST

We asked over 1,000 federal, state and local government employees for details about their digital communications strategies — and now we're sharing the top trends in our free webinar on January 25.

Register today to find out if you're a trendsetter who's up on the latest, greatest tools to connect and engage with citizens. If you're not, don't worry — you'll get tons of best practice takeaways to build into your 2017 plan.

Register Now

Higher Education Program is hosting Teaching with Cases Webinar Series

This webinar series provides an overview of the use of cases in teaching emergency management higher education programs. More information and a training announcement will be coming soon.

Webinars scheduled in the series in 2017:
Webinar #2: Using Cases as Simulations in Teaching and Assessment
- Wednesday January 11 at 3 PM EST

Webinar #3: Using Cases as Examples in Teaching and Assessment
- Wednesday February 8 at 3 PM EST

Webinar #4: Using Cases for Their Intrinsic Value
- Wednesday March 8 at 3 PM EST

"Including Disability: The Updated California Office of Emergency Services Active Shooter Awareness Guidance"
January 12th, 2017
Webinars begin at 2.30 pm ET/1.30 pm CT/12.30 pm MT/11.30 am PT/9.30 am Hawaii.

Registration: Free on-line at http://www.adapresentations.org/registration.php

On December 2, 2015, terrorists attacked the Inland Regional Center in San Bernardino, California. Because the center serves individuals with intellectual disabilities, initial reports indicated the attack was an assault on the disabled. Though we later learned this was not the case; the thought of an attack on individuals with disabilities raised serious concerns over the current lack of guidance regarding the access and functional needs (AFN) related considerations associated with an active shooter attack.

Through its Office of Access and Functional Needs (OAFN), the California Governor's Office of Emergency Services (Cal OES) worked with Law Enforcement, the California Specialized Training Institute, the State Council on Developmental Disabilities and other disability stakeholders to revise the state's active shooter awareness guidance. The updated guidance, which is now publicly available, is the first-of-its-kind to integrate access and functional needs to promote the safety and security of individuals with disabilities and persons with access and functional needs before, during and after an active shooter attack.

To view all of the sessions for the coming year, or to see previous sessions, go to http://www.adapresentations.org/schedule.php

Catalog: Trainings/Events

Application period opens for communities to exercise local disaster response

FEMA’s Emergency Management Institute conducts Integrated Emergency Management Courses (IEMC) throughout the year and across the country. The four-and-a-half day training course is designed specifically for communities, providing both lecture and exercise-based training focused on response operations for a disaster or emergency that could happen in their area. IEMC classes are principally delivered at FEMA’s Emergency Management Institute at the National Emergency Training Center in Emmitsburg, Maryland; however, delivery
may also occur in the community. Learn how to apply for the program. The deadline for applications is Feb. 15, 2017.

**Integrating Emergency Management into Institutions of Higher Education**

EMI will conduct the "Integrating Emergency Management Education into Your Institution" course to assist Historically Black Colleges and Universities, Hispanic Serving Institutions, and Tribal Colleges and Universities with either establishing or enhancing their emergency management curricula.

The course will be taught on the following dates:

- **February 27-28, 2017**, for Hispanic Serving Institutions

- **March 27-28, 2017**, for Tribal Colleges and Universities

- **April 19-20, 2017**, for Historically Black Colleges and Universities

All sessions of the course will be taught at the Emergency Management Institute, National Emergency Training Center (NETC) at Emmitsburg, Maryland. The application deadline is no later than eight weeks prior to the start of the course. Enrollment is limited to the first 20 applicants. To apply, complete a FEMA Form 119-25-1, General Admissions Application, with student signature and signature of supervisor or sponsoring agency official. Mail, scan, or fax the application to: NETC, Admissions Office Room 1-216, 16825 South Seton Avenue, Emmitsburg, MD 21727-8998; Phone: (301) 447-1035 Fax: (301) 447-1658; Email: netcadmissions@fema.dhs.gov.

**FEMA EMI News/Training Opportunities**

**Course:** **V-0015A - Virtual Tabletop Exercise Series (VTTX) – Cyber Focus**

Emmitsburg, MD

1293 - Training Opportunity - VTTX Cyber V0015 - January 24-26, 2017

Exercise Description:

This VTTX is designed for organizations interested in raising awareness of cyber risk management, cyber related planning, and other issues related to cyber incident prevention, protection, and response. The scenario will focus on increasingly complex and severe cyber threats, beginning with general information on a potential security risk and culminating with the containment, eradication, and recovery from a cyber-incident. The complexity of this exercise will largely depend on your organization’s choice of recommended discussion questions (beginner, intermediate, advanced), based on your audience and general level of cybersecurity preparedness experience. Read more in Training Opportunity 1293.

Emergency Management Institute Mission
To support the Department of Homeland Security and FEMA’s goals by improving the competencies of the U.S. officials in Emergency Management at all levels of government to prepare for, protect against, respond to, recover from, and mitigate the potential effects of all types of disasters and emergencies on the American people. Read more...

**L0363: Multi-Hazard Emergency Management for Higher Education**

2017 Schedule is Available

Emmitsburg, MD

1289 - Training Bulletin - L0363 Higher Ed 2017 Schedule

Course Description:

This Federal Emergency Management Agency (FEMA) Emergency Management Institution (EMI) course is designed to be delivered to teams of higher education campus personnel and their emergency partners who are responsible for creating, reviewing, implementing and exercising emergency operations plans (EOPs). The target audience for this course is people who have traditional response or strategic experience, but minimal experience in emergency management planning. The three-day course is primarily interactive presentations coupled with numerous individual and group activities and exercises.

The course will be taught on the following dates in Region II:

March 7-9, 2017 Rutgers University, New Brunswick, NJ

April 25–27, 2017 Nassau County Office of Emergency Management, Bethpage, NY

For additional information including registration information for specific offerings, contact the program manager, Tina Hovermale at (301) 447-1207 or Tina.Hovermale@fema.dhs.gov. Read more in Training Bulletin 1289.

**E214 Unified Hazard Mitigation Assistance: Project Implementation and Programmatic Closeout**

**Emmitsburg, MD** — You are subscribed to EMI News for FEMA. The following information has recently been updated, and is now available on [http://training.fema.gov/EMI/](http://training.fema.gov/EMI/)

1296 - Training Opportunity - E0214 UHMA Project Implement and Closeout - February 22-23, 2017

Course Description:

This course will provide participants with the knowledge and skills required for effective implementation and closeout of a project. Read more in Training Bulletin 1296.
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